

Seattle Breastfeeding Support Groups

Updated 8/2016

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|---|
| <p><u>12:30pm-1:30pm</u> Snohomish County Breastfeeding Network at Cascade Birth Center Catherine Fenner and Brandi Crockett 2808 Colby Ave, Suite A Everett, WA 425-317-0157 \$10</p> <p><u>2:00pm-3:30pm</u> Swedish Ballard 5300 Tallman Ave NW Seattle, WA 206-215-9853 \$10 Medicaid accepted</p> | <p><u>10:30am-11:30am</u> Must arrive before 10:45am Swedish First Hill Lytle Center 747 Broadway Seattle, WA 206-215-9853 \$15 Medicaid accepted</p> | <p><u>10:00am-11:30am</u> Nurturing Expressions 4746 44th Ave SW Suite 201 Seattle, WA 206-763-2733 \$10 suggested, no mom turned away</p> <p><u>10:30am-11:30am</u> Must arrive before 10:45am Swedish First Hill Lytle Center 747 Broadway Seattle, WA 206-215-9853 \$15 Medicaid accepted</p> <p><u>1:00pm-2:30pm</u> Newborn – 3 months Valley Medical Center 400 S 43rd St Renton, WA 425-228-3440 ext. 2526 Free</p> | <p><u>10:30am-11:30am</u> Must arrive before 10:45am Swedish First Hill Lytle Center 747 Broadway Seattle, WA 206-215-9853 \$15 Medicaid accepted</p> <p><u>1:00pm-2:30pm</u> Swedish Issaquah 751 NE Blakely Dr Issaquah, WA 425-313-2377 \$10</p> <p><u>1:00pm-3:00pm</u> Must arrive before 2:00pm Northwest Hospital 1550 N 115th St Easy Street Pavillion E Wing Seattle, WA \$10 suggested, no mom turned away</p> | <p><u>10:30am-11:30am</u> Must arrive before 10:45am Swedish First Hill Lytle Center 747 Broadway Seattle, WA 206-215-9853 \$15 Medicaid accepted</p> <p><u>11:00am-1:00pm</u> Swedish Edmonds 21601 76th Ave W Edmonds, WA 425-673-3352 Free</p> | <p><u>10:30am-11:30am</u> Must arrive before 10:45am *Must pre-register* Swedish First Hill Lytle Center 747 Broadway Seattle, WA 206-215-9853 \$15 Medicaid accepted</p> |

Most groups are led by lactation consultants and have scales available for weighing baby.

Call the Lytle Center at 206-214-9853 to arrange interpreter services for groups at Swedish Ballard and Swedish First Hill.